

Monday April 25 1:00 PM at the Sharon Council on Aging, 219 Massapoag Ave, Sharon.

Karen Dick, PhD, (Orchard Cove), Brain Fitness for the Aging Adult.

GRAND FINALE'

**Sharon Community Center Ballroom
219 Massapoag Avenue, Sharon, MA.**

Thursday April 21

6:00-7:00 PM - Speak with presenters and pick up handouts for programs in the series.

7:00-9:00 PM - Performance and time to meet the performers.

Mr. Alan O'Hare, Playwright and Artistic Director of Life Story Theatre and Professor of Expressive Therapy at Lesley University Graduate School, presents the Play:

I Love You Love You Love You Too!

This play is about the residents, families, staff and volunteers around whom the mysteries and miracles of life and love flow while working with those suffering from Alzheimer's Disease and Dementia.

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Simple Place of Peace by

C.A. Willett
Protective of its own
Peace of mind,
Peace resides in this simple place
Hidden from a world where
War is like uncompromising weather.

Peace is the miracle
Upon which our lives progress.
Moments of memory loss,
Ageism and illness may distract us, yet
Peace reminds us of its devotion often.

Peace resides in this simple place
Its hands clasped tight.
Peace is often at prayer here,
Where the past represents
Our early stories.

Peace presides over the present
And records our everyday lives.
Peace is always awaiting word
Of the arrival of our future stories
Still to be written.

We are all poised to witness
As the future unfolds
Moment by moment.
Our lives shall forever echo
From this simple place of peace.

For handouts about the topics presented, visit the homepage at www.sharonpubliclibrary.org or contact Program Coordinator: Lee Ann Amend, Library Director at 781-784-1578 x 1425



EDUCATIONAL SERIES ON ALZHEIMER'S DISEASE, DEMENTIA AND MEMORY LOSS

Presented by The Sharon Public Library and "Our Partners in Health"

Schedule of Programs

Location: Library Community Room unless otherwise noted.

Wednesday November 4 7:00 PM

Dr. Kandel (Hebrew Senior Life)General Overview of Memory Loss, Various Forms of Dementia and Alzheimer's Disease.

Thursday November 19 7:00 PM

Joanne Peskowitz, Dementia Specialist, (Your Elder Care Experts) Resources for Families Living with Dementia.

Thursday December 3 7:00 PM

Caren Silverlieb, Director of Strategic Planning and Partnerships, (Jewish Community Housing for the Elderly) Understanding Behavior as Communication for People with Alzheimer's.

Tuesday December 8 7:00 PM

Tara Flannigan, Family Caregiver Specialist, (HESSCO), Part 1 of 3, Habilitation Therapy: How to Create a Failure-Free Home Environment.

Tuesday December 29 7:00 PM

Alan O'Hare, Artistic Director of Life Story Theatre and Professor of Expressive Therapy at Lesley University Graduate School, Facilitates and Hosts the movie: Still Alice

Thursday January 7 7:00 PM

Tara Flannigan, Family Caregiver Specialist, and Patricia Gavin, Transitions Coordinator, (HESSCO), Part 2 of 3, Strategies for Successful, Supportive Family Meetings.

Tuesday January 12 7:00 PM

Linda Einis, Occupational Therapist, Part 1 of 3, Adapting the Home Environment: Learn basic principles for making simple changes throughout the home to increase function, safety and quality of life.

Tuesday January 19 7:00 PM

Alicia Seaver, Memory Care Specialist (Epoch at Westwood), Memory Supported Assisted Living and Life-care Programming and Decisions for the General Public.

Thursday January 28 7:00 PM

Tara Flannigan, Family Caregiver Specialist, and Patricia Gavin, Transitions Coordinator, (HESSCO), Part 3 of 3, Caring for the Caregiver.

Tuesday February 16 1:00 PM at the Sharon Council on Aging, 219 Massapoag Ave, Sharon.

Susan Flashner-Fineman, Vitality Coach, and Mindy Grodofsky-Filmore, LICSW, (Orchard Cove), Part 1 of 3, Wellness in the Person with Dementia.

Tuesday February 23 7:00 PM

Linda Einis, Occupational Therapist, Part 2 of 3, Solutions to Activities of Daily Living: learn strategies to help increase an individual's function of daily living, from dressing to taking medication.

Thursday March 3 7:00 PM

Heather Sawitsky, Public Policy Attorney, (White Oak Cottages), Reading and Understanding Clinical Trials as it Relates to Dementia and Alzheimer's Disease.

Tuesday March 15 7:00 PM

Linda Einis, Occupational Therapist Part 3 of 3, Creating Meaningful Activities: Learn how to adapt leisure activities to an individual's level of ability and interest that families can enjoy together.

Wednesday March 23 12:00 PM at the Sharon Council on Aging, 219 Massapoag Ave, Sharon.

Dr. Jennifer Brinckerhoff, (Orchard Cove), Healthy Aging: A Geriatrician's Perspective.

Thursday April 7 7:00 PM

Alan O'Hare (Artistic Director of Life Story Theatre and Professor of Expressive Therapy at Lesley University Graduate School, Facilitates and Hosts the movie: Alive Inside

Library Community Room

